



Congregation Beth El

A seasonal, egalitarian synagogue affiliated with the Conservative Movement

Founded in 1947

32 Gorton Avenue ♦ Old Colony Beach ♦ Old Lyme, CT ♦ 06371

Av/Elul/Tishre 5781/5782

August/September 2021

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*z"l May their memory be for a blessing



Shalom Congregation Beth El members and friends,

As I write this, I can't believe that it is August already. We are in the waning days of summer and I think this has been the coldest, most rainy summer I can remember! It has been wonderful to be back in our little beach *shul*, sharing Friday night services with members and friends. Services will continue through Sept 3rd. To join us you must be vaccinated, wear a mask and sit six feet apart to stay healthy and safe.

The High Holy Days will soon be here. Due to the rapid rise of the Covid-19 delta variant, and in light of changing state and federal guidelines, we will hold these services on Zoom again this year. The safety of our congregation comes first.

We look forward to *davening* with *chazzan*, Ari Kramer. Our virtual turnout was great last year! In our home, we welcomed friends to join us for the Zoom services. It was wonderful to have people sign in from across the country and we hope all of you will join us once again.

On behalf of our Board, I wish everyone a Shanah Tovah!

Lisa



High Holy Days 2021/5782

Rosh HaShanah

Monday, Sept 6 - Wednesday, Sept 8

Yom Kippur

Wednesday, Sept 15 - Thursday, Sept 16

ZOOM Services ONLY • See page 2



Jay Hyne

"L'dor V'Dor" page 4

CBE COVID-19 Policy for Friday Evening Services

In order to treat one another with safety and with consideration, only vaccinated people will be permitted to attend services inside our sanctuary. Masks are required.

As vaccines are not yet available for children, both adults and children are required to wear masks during Junior Congregation services.

Wishing Everyone a Shanah Tovah u'Metukah ~ a Good and Sweet New Year!

High Holy Days • 2021/5782

**Congregation Beth El High Holy Day services will be held on Zoom.
Emails to follow with Zoom links and prayer book download information.**

Rosh HaShanah

Mon	Sept 6	7:00 pm
Tues	Sept 7	9:00 am
Wed	Sept 8	9:00 am

Yom Kippur

Wed	Sept 15	Kol Nidre	6:30 pm
Thurs	Sept 16	Morning Service*	9:00 am
		Neilah	7:00 pm
		Fast Ends	7:48 pm

*includes Yizkor Service

We look forward to celebrating the New Year with our *chazzan*, Ari Kramer. As you may recall, Ari first came to us in 2007 from Long Island, New York, where he is the Orchestra Director at Sayville High School.



Ari Kramer

He has an extensive background in *davening* at synagogues in New York and Rhode Island. As those who have joined us in the past will attest, Ari's *heimish* demeanor and inspiring melodies enhance our service and enrich the holiday experience for our congregation.

The word *yizkor* means "to remember." The *Yizkor Service* held on *Yom Kippur* refers to the special prayers said on behalf of family members and friends who have passed away.

An element of *yizkor* is the commitment to make a charitable donation in honor of the departed, to memorialize the passing of loved ones who influenced and inspired us during their lives. They continue to do so even after their passing.



When you make an effort to help someone else or support the synagogue and do so in their memory, they become the motivating cause behind your act of kindness.

You have the opportunity to fulfill this *mitzvah* by including the name of your loved one in our High Holy Day Book of Remembrance. **See page 7.** All names will be read aloud during the *Yizkor Service* on *Yom Kippur*.

Happy Birthday!

Fenmore Feigenbaum	August 1
Michael Cohen	August 7
Charlotte Rose Lewis	August 10
Max Grossman	August 17
Lisa Glazier Brody	August 19
Marla Lipsyc	August 23
Dara Anhouse	August 30
Sarah Bojarski Lewis	September 2

Happy Anniversary!

Pam & Lenny Grossman	August 3
Erin & Brad Dennison	August 7
Marian & Rick Hyne #44	August 14
Lynn & Stanley Livingston	August 17
Nina Silberman & Howard Weisman	August 22
Ellen & Joel Mandell #57	August 23
Ruth & Andy Spitz	August 23
Carol & Michael Emerson	August 25
Elizabeth Weisman & Robert Anhouse	August 29

Joel Mandell celebrated his 82nd birthday on July 1st.



L-R: Dylan, Tom & Becky Fucella, CBE Ritual Chair Sharon Waxenbaum

Dylan Fucella received his Hebrew name, *Shimon Mendel*, at a naming ceremony held during the *mincha* service at CBE on July 27th. He was named after his paternal grandfather, Shelly Spitz, and his maternal uncle, Marvin Snyder.



Thank you for your generous donations!

Cindy & Phil Rischall - In honor of the birth of Deborah & Ira Feigenbaum's grandson, Gavriel Yehuda Baruch.

Cindy & Phil Rischall - In honor of the birth of Ellen & Scott Bobrow's grandson, Jackson James Bobrow.

Natalie Mandell - In honor of the birth of Deborah & Ira's grandson, Gavriel Yehuda Baruch.

Pam & Lenny Grossman - In honor of our grandson, Gabe's graduation from 8th grade and going on to high school.

Pam & Lenny Grossman - In honor of our granddaughter, Allyson Cates' graduation from Fitch High School.

Ruth & Andy Spitz - In celebration of our grandson, Dylan Fucella's naming.

Sharon & Preston Waxenbaum - In celebration of our nephew, Dylan Fucella's naming.

Donna & Scott Semel - In memory of Bernie Mandell, father of Larry Mandell and Jill Mandell.

Ruth & Andy Spitz - In memory of Dick Grigorian, father of Lenny, Michele and Steve Grigorian.

Sharon & Preston Waxenbaum - In memory of Dick Grigorian, father of Lenny, Michele and Steve Grigorian.

Lisa Semel & Jon Guthart - In memory of Dick Grigorian.

Marian & Rick Hyne - In memory of Dick Grigorian.

Bayer/Cohen Family - In loving memory of Dick Grigorian.

Judith & Joel Weisman - In memory of Dick Grigorian.

Ruth & Andy Spitz - In memory of Clara Rosenbaum, aunt of Claire Sookman.

Sharon & Preston Waxenbaum - In memory of Clara Rosenbaum, aunt of Claire Sookman.

Ruth & Andy Spitz - In memory of Warren Gordon, brother of Carol Bojarski.

Sharon & Preston Waxenbaum - In memory of Warren Gordon, brother of Carol Bojarski.



Milestones & Mazal Tovs

Gabriel Grossman became a *Bar Mitzvah* on June 5, 2021. His proud family includes parents, Sabrina Gurwitz and Jon Grossman, and grandparents, **Pam & Lenny Grossman**.

Dylan Joseph Fucella received his Hebrew name, *Shimon Mendel*, in a CBE ceremony held on July 27, 2021. His proud family includes parents, **Becky & Tom Fucella**, grandparents, **Ruth & Andy Spitz** and **Aunt Sharon & Uncle Preston Waxenbaum**.



Candy Fund

Lyn Rosenberg - In honor of those who bring *ruach* (spirit) to our *shul*.

Marian & Rick Hyne - In honor of our grandchildren, Lily, Brady & Austin Hyne.

Andrea & Fred Fenton - In honor of our children, Jacob, Ethan and Alexis Fenton.

The Jason and DiBella Families - In celebration of Ben DiBella's *Bar Mitzvah*.

Pam & Len Grossman - In honor of our grandchildren, Max, Gabe, Dylan, Nate Grossman and Maddie and Alley Cates.

Ruth & Andy Spitz - In honor of Dylan Fucella's naming.

Irene & Craig Smith - In honor of our grandson, Samuel Benjamin.

Lisa Semel & Jon Guthart - In celebration of Old Colony Beach.



The Congregation and Board of Trustees offer their deepest condolences to the following:

Carol Bojarski - On the loss of her brother, Warren Gordon, on July 26, 2021.

Sponsor an Oneg!

Martina Shapiro



In Hebrew, *Oneg Shabbat* means Joy of Sabbath and it often refers to the refreshments and celebratory gathering held after Friday evening services.

It is a custom to make a donation at this time in honor of or memory of a loved one, or for a special occasion. At this time we are sharing an *Oneg*

Shabbat-to-go!

Please contact Sharon Waxenbaum at 631-748-8459/ shanaaviv@gmail.com to choose your *Shabbat* date. Please make your check payable to Congregation Beth El and send it to: Rick Hyne at 19 Danielle Road, Wayne, NJ 07470.

Today Rabah to our Oneg Shabbat Sponsors:

- July 2 **Ruth & Andy Spitz** - In honor of their children and grandson.
Sharon & Preston Waxenbaum - In honor of their children and grandchildren.
- July 9 **Lisa Semel & Jon Guthart** - In memory of Joan & Abe Semel.
- July 16 **Mindy Jason and Kim DiBella** - In memory of their grandparents, Gloria & Alfred Galin.
- July 30 **Claire Sookman & Brian Cutler** - In memory of Bella & Larry Sookman.
- Aug 6 **Nancy Bazilian & Jan Rosenberg** - In memory of their father, Benjamin David Rosenberg.
- Aug 13 **Marian & Rick Hyne** - In celebration of their 44th wedding anniversary.
- Aug 20 **Sandy & Peter Patten** - In memory of our parents, Rose & Joseph Prant and Edith & Richard Patten.
- Sept 3 **Anita Kaplowitz** - In honor of her family.

Shabbat and Holiday Candle Lighting Times



Friday,	Aug	6	7:47 pm
Friday,	Aug	13	7:38 pm
Friday,	Aug	20	7:28 pm
Friday,	Aug	27	7:18 pm
Friday,	Sept	3	7:06 pm
Monday,	Sept	6	7:01 pm
Tuesday,	Sept	7	7:59 pm
Friday,	Sept	10	6:54 pm
Wednesday,	Sept	15	6:46 pm
Friday,	Sept	17	6:43 pm



www.synagogueoldlyme.org

CBE has a website! Read our story!
Browse through our photo gallery!
Look back on past newsletters!



Peter Patten has obtained new JNF *tzedakah* boxes. If you would like a new box, please contact him at: peterpatten@att.net. Boxes are also available at Friday evening services!

Congregation Beth El has Cards for Every Occasion!

You can acknowledge a loss or happy occasion such as a graduation, anniversary, birthday or wedding with a card from CBE! If you make a contribution to the synagogue, **Carol Bojarski** will send one for you! Call her at 860-508-3635 or email her at cbojo9@hotmail.com.



We also have cards with a picture of the synagogue on the front and plenty of room for your message inside! Purchase a packet of cards and you will have one on hand!

Sharon Waxenbaum



Today rabah! Thank you very much, Anita Kaplowitz, for the amazing job you did to make our *Shabbat* candle sticks, trays and kiddish cup shine!

L'Dor V'dor - From Generation to Generation

Austin Hyne is enjoying his first Hershey Bar (see photo on the front page)! It is exciting to see the next generation of CBE members welcome *Shabbat* at our Youth Services!

Even if they are just visiting for the weekend, we invite you to bring your children and grandchildren to our family-friendly children's services held each week from 7:00 - 7:30 pm. Children will have the chance to practice their Hebrew skills, lead a responsive reading in English or just sing along. Of course, each child will receive a Hershey Bar at the end of services as we wish them a sweet *Shabbat*!



Sharon Waxenbaum

Three generations of Hynes (L-R) front: Brady, middle: Lily, Marian, Elissa, Jay, Austin, back: Rebecca, Rick.



Sharon Waxenbaum

Four generations of Feigenbaums (L-R) Fenton Feigenbaum, Kayla Miller, Orli Levine, Jason Levine, Sarah Miller.



Rick Hyne

Three generations of Waxenbaums (L-R) front: Wesley, Brad, Erin, Aden Dennison, back: Pres, Sharon Waxenbaum.



5 Things to Know About Elul

At this season, we assess our actions and behaviors during the past year and hope for blessings in the coming year. Elul is the Hebrew month that precedes the High Holy Days. The following customs performed during Elul are designed to help us prepare ourselves, and our souls, for the upcoming High Holy Days.

1. BLOWING THE SHOFAR Traditionally, the *shofar* is blown each morning (except on *Shabbat*) from the first day of Elul until the day before *Rosh HaShanah*. Its sound is intended to awaken the soul and kick start the spiritual accounting that happens throughout the month.

2. SAYING SPECIAL PRAYERS *Selichot* (special prayers of repentance) are recited during the month of Elul. A special *Selichot* service is conducted late in the evening, often by candlelight, on the Saturday night a week before *Rosh HaShanah*, August 28th this year - service information can be found online.

3. VISITING LOVED ONES' GRAVES Elul is also a time of year during which Jews traditionally visit the graves of loved ones. This custom not only reminds us of the individuals on whose shoulders we now stand and helps us honor their memories, but also prompts us to think about our own lives and the legacies we will leave to others – kind words spoken, comfort offered, love given and received – which take on added meaning as we enter the High Holy Day season.

4. READING PSALM 27 It is customary to read Psalm 27 each day, from the beginning of Elul through *Hoshana Rabbah*, the last day of the holiday of *Sukkot*.

5. REFLECTING It also is a month during which we are encouraged to study and take time for personal reflection on our actions of the past year, and to seek forgiveness from those we have wronged or with whom we otherwise have “missed the mark” in our interactions and behaviors. Many online resources can help you make this process interactive.

(Thanks to reformjudaism.org)

Tashlich, meaning to cast off, is a custom reflected in the writings of the Prophet Micah, “and you will cast all their sins into the depths of the sea.” Jews go to a **flowing body of water**, such as a river or ocean, to empty their pockets of crumbs, symbolizing the hope that we can empty ourselves of wrongdoings and make ourselves clean and pure for the New Year.



There are many traditions as to the type of bread that is cast into the water. In consideration of the health of local fauna, some use bird seed instead of bread crumbs. Some Hebrew Schools ask their students to paint names of misdeeds on small stones that are then gently tossed into the water.

Tashlich is generally performed during the Ten Days of Repentance between *Rosh HaShanah* and *Yom Kippur*. Share this tradition with family and friends!

L'Shanah tovah tikatevu v'tichatemu, May you be inscribed and sealed for a good year!



Project Re-Connect

Congregation Beth El would like to re-establish connection with former members of our synagogue community, regardless of where they now live.

We maintain a database of emails, phone numbers and addresses of current and former members. If you know of people who might like to receive our newsletter and announcements, and perhaps participate in a Zoom service, please send their names and email addresses to **Brian Cutler** at:

beachshulmembership@gmail.com



We welcome new advertiser
The Chocolate Shell!

Barbara Crowley (860) 434-9727
168 Lyme Street • Old Lyme, CT 06371
thechocolateshell@gmail.com
thechocolateshell.com

CBE newsletters are published in
June/July/August/September/December/March.

Please send your good news:
simchas, birthdays and anniversaries to:

Sharon Waxenbaum at
shanaaviv@gmail.com
or call
631-748-8459



Donations to CBE by check should be made out to
Congregation Beth El and mailed to
Rick Hyne, 19 Danielle Drive, Wayne, NJ 07470

Our **Venmo** account is: **Congregation-Bethel** (hyphen between Congregation and Beth and no space between Beth and el)

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www.coralcoastgroup.com
Brian Cutler, Ph.D.

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High Holy Day Book of Remembrance

Rosh HaShanah September 6-8, 2021 Yom Kippur September 15-16, 2021

The Yizkor memorial service is said four times a year. It is recited on Yom Kippur because of the belief that the dead, as well as the living, need atonement on this day. The Yizkor ritual also includes a pledge for charity, something that is believed to help avert a harsh decree.

The inclusion of the names of our dearly departed in our Congregation Beth El Book of Remembrance will allow us to recall our loved ones at this time of year, as well as to perform the mitzvah of tzedakah.

All names in the Book of Remembrance will be read aloud during Yizkor on Yom Kippur.

	Sample Listing: Julius Wallace	father of Joseph Wallace	Total	\$5
		or		
	Julius Wallace	father of Joseph Wallace		\$ 5
		grandfather of Sarah Wallace		\$ 5
		grandfather of Brian Wallace		\$ 5
			Total	\$15

Each listing will be included at a cost of \$5.00 per line.

Please list the names to be included on the lines below AS YOU WISH THEM TO APPEAR IN THE BOOKLET. Additional names may be included on the back of this form.

1		\$	
2		\$	
3		\$	
4		\$	
5		\$	
6		\$	
	Total	\$	

Your Name _____

Your Mailing Address _____

Phone: _____ Email address: _____

Please return your information to: Sharon Waxenbaum at shanaaviv@gmail.com
Payment to: Rick Hyne at 19 Danielle Road, Wayne, NJ 07470 by **Aug 22nd**.