



Congregation Beth El

A seasonal, egalitarian synagogue affiliated with the Conservative Movement

Founded in 1947

32 Gorton Avenue • Old thColony Beach • Old Lyme, CT • 06371

website: www.synagogueoldlyme.org

Sivan/Tammuz 5785

June 2025

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*z"l May their memory be for a blessing



Shalom Congregation Beth El members and friends!

Summer is finally here inspite of the cold Memorial Day weekend we've just had!

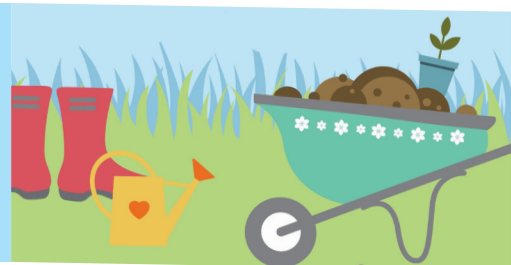
The CBE Board has a number of events lined up for the Summer of 2025 and we're very excited about them! We begin with Friday evening services on July 4th. Youth services, at 7:00 pm, will be led by post-B'nai Mitzvah young adults and Adult services, at 7:30 pm, will once again be led by Sharon and Jacob. If you haven't heard their harmonies before, you will not want to miss it! Please remember that you can sponsor an *Oneg Shabbat* to remember or honor a loved one or celebrate a special occasion or donate to the candy fund for the children. Our Ice Cream Socials will continue to be held on Sundays from 2 pm - 4 pm. We invite everyone to join us for our Gardening Party, helping to enhance our synagogue's yard and the Gala Under the Stars will return. Details for all the events can be found in the Calendar of Events on page 3.

On behalf of the CBE Board, we wish you a happy, safe and healthy summer.

Am Yisrael Chai!
Lisa

It is important for members of our community to show up and be visible at our shul to demonstrate our strength as a community!

Community Gardening Party



Sunday, July 6th • 9:30 pm - Noon
Join us as we plant flowers to beautify the landscape of

Congregation Beth El
32 Gorton Ave, Old Colony Beach

Refreshments provided!

Please bring gardening tools if you have them!





Laurie Mandell - In honor of Sy Tucker's 100th birthday!
 Irene & Craig Smith - In celebration of Carol Tellar's 80th birthday.
 The Spitz and Waxenbaum Families - In celebration of Irene Smith's 80th birthday.
 Congregation Beth El has made a donation to the Old Colony Beach Association in celebration of their 90th anniversary.
 Congregation Beth El has made a donation to the American Jewish Congress in memory of Sarah Milgrim and Yaron Lischinsky, who were senselessly murdered, to support the AJC's work combating antisemitism.

Milestones & Mazal Tovs

Congregation Beth El celebrates Sy Tucker on the occasion of his 100th birthday!
 This summer Old Colony Beach Association celebrates it's 90th anniversary.

Shavuot and Shabbat Candle Lighting Times

Shavuot	Sunday	June 1	7:51 pm
Shavuot	Monday	June 2	8:48 pm
Yizkor	Friday	June 3	evening
Shabbat	Wed	June 13	7:53 pm
Shabbat	Friday	June 20	7:55 pm
Shabbat	Friday	June 27	7:57 pm
Shabbat	Friday	June 4	7:58 pm
Shabbat	Friday	July 11	7:59 pm
Shabbat	Friday	July 29	7:58 pm



Would You Like to Join Our Board?

A special aspect of Congregation Beth El is that it is run entirely by volunteers!



We don't have the luxury of paid, full-time staff members responsible for our congregation.

What we DO have is a dedicated group of people who are willing to share their time and talents to support our synagogue!

If you are interested in joining the CBE Board of Trustees please contact Ruth Spitz at:
 516-458-4440 or rspz123@yahoo.com



SAVE THE DATE!

CBE GALA UNDER THE STARS

SATURDAY, AUG 23RD • 7:30 - 10 PM

JOIN US FOR HORS D'OEUVRES, DESSERTS & DANCING UNDER THE STARS!

7:30 PM SCHMOOZING • 8:00 PM MUSIC BEGINS

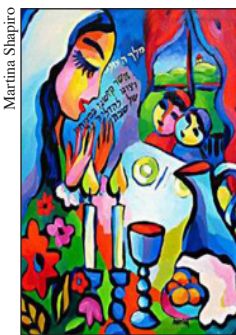
YOU DON'T WANT TO MISS THIS!

DRESS UP (OR NOT!), GATHER YOUR FRIENDS AND DANCE UNTIL YOU CAN'T ANY LONGER!

WATCH FOR DETAILS!


 \$30/PP • BYOB

Sponsor an Oneg!



In Hebrew, *Oneg Shabbat* means joy of Sabbath, and it often refers to the refreshments and celebratory gathering held after Friday evening services.

It is a custom to make a donation at this time in honor of or memory of a loved one, or for a special occasion. Available dates:

July 4 • July 11 • July 18 • July 24 • August 1
August 8 • August 15 • August 22 • August 29

Please contact Sharon Waxenbaum at 631-748-8459/ shanaaviv@gmail.com to choose your *Shabbat* date. Use Venmo **Congregation-Bethel** or please make your check payable to Congregation Beth El and send it to:

Rick Hyne at 19 Danielle Drive, Wayne, NJ 07470.

Friday Evening Youth Services 7 pm



We are proud of our pre-B'nai Mitzvah-age children as they continue to display their Hebrew and English reading skills during the summer, taking turns leading us in parts of services.

Services begin Friday, July 4th!

Children can bring their parents and grandparents to services, which begin at 7:00 pm. Services will continue through Labor Day weekend.



Too shy to take a part? Join us anyway! Of course all children will receive their sweet *Shabbat* treat, a Hershey's chocolate bar!

Ruth Spitz

CBE Summer 2025 at a Glance

Friday Evening Services 7pm/7:30 pm

Join us as we welcome *Shabbat* together. Stay and schmooze at our tasty *Oneg Shabbat*. Youth Services begin at 7 pm followed by Adult Services at 7:30 pm, **July 4 through August 29.**

Sun, July 6 Garden Party 9:30 am - Noon

Help plant flowers to beautify the synagogue grounds! Light refreshments provided.

Sun, July 13 Ice Cream Social/Book Sale 2 pm - 4 pm

NOTE NEW TIME! Including games for the kids. All you can eat for \$5 a person, \$18 for a family of 4.

Sun, Aug 17 Ice Cream Social/Book Sale 2 pm - 4 pm

NOTE NEW TIME! Including games for the kids. All you can eat for \$5 a person, \$18 for a family of 4.

Sat, Aug 23 CBE Gala Under the Stars 7:30-10 pm

Hors d'oeuvres and dancing with live music. (7:30 – 8 pm schmoozing and food, 8 pm music begins.) BYOB, cover of \$30 pp. Watch for more details.

Sun, Aug 31 Ice Cream Social 2 pm - 4 pm

Eat as much as you can 'til the ice cream is gone. No book sale but games for the kids. \$5 a person, \$15 for a family of 4.

High Holy Day Services in Person and Zoom

Welcome 5786 with our CBE community. Services will be led by Ari Kramer, davening with us for the 18th year. Join us for *Tashlich* as we walk to the beach and symbolically toss our misdeeds into the ocean.

Rosh HaShanah Mon, Sept 22, Tues, Sept 23, Wed, Sept 24

Yom Kippur Wed Oct 1 Thurs, Oct 2



Congregation Beth El's

Tree of Life

If you are looking for a meaningful way to remember a loved one, or to commemorate someone's happy event, mark the occasion by adding a leaf or stone to our CBE Tree of Life! Please speak with **Mindy Jason** at 860-559-7557 or email her at mindysjason@gmail.com to arrange the wording and to place your order.

Black, White, and Gray (And Blue)

by Jacob Samuels

Last summer, as June turned to July, I stood at the gates of Auschwitz. As many who have visited before me know, it's a terrible place, one that has changed me, for better and worse. On a 10 day mission to learn more about the history of antisemitism as educators, two of my colleagues and I spent time in Berlin, Kraków and London, meeting with museum curators, politicians and college students, trying to make sense of the history of the Jewish people in the past, how we fit in the present and what our future may hold. Being a world away geographically allowed me to step back from my perception of American antisemitism and to put my lived experience in the context of a greater Jewish story. I asked myself, "How could people have been treated with such cruelty, seen as so easy to remove from society by any means necessary, in Germany and Europe, the most advanced civilizations in the world in the 1930s and 40s?"

Coming back to the States and seeing how much the world has changed since October 7, 2023, I realize how black and white our world has become. You either support Israel or you don't, you either support

Palestinians or you don't, you are a selfless kind person or a cruel genocidal person. Witnessing the terror and tragedy of the Holocaust up close felt black and white in its cruelty versus humanity. Grappling with the gray areas, the context of how and why things happen with its thousands of shades, helped me to see the spectrum of human possibilities.

I recall the story of Sodom and Gomorrah, when Abraham asks God to spare the people, even if there are only 50 people (or 40, or 30, or 20, or 10) in the entire cities who are of good heart and merit, because one soul is worth an entire world in the eyes of God.

This lesson provides a framework for the 1940s and for today. For a German citizen, would they be complicit in the rounding up and killing of their neighbors? Would they be an upstander and save someone, whether they knew them or not, from a tragic end? Would they be brave enough to speak out publicly? Would they act privately to save others? Would they pass food in secret to a starving child?

Today, Jews have been put in a precarious position. Is it possible to support the state of Israel, its existence, and still support ending the deaths of many Palestinian people? Is it possible to have empathy for a people whose leadership kept scores of Jews hostage, and still hold dozens hostage, and who killed and injured over 1200 Jews? Is it possible to wear a Jewish star in the street or to walk into a Jewish event without being shot and killed, whether you support the government of Israel or not, but just because you were Jewish?



From London's Imperial War Museum's Holocaust exhibit, a glimpse of Jewish lives pre-war, full of possibility, joy and love.
Photo: Jacob Samuels

The black and white have corrupted our minds to the point that we cannot see nuance, cannot see the glimmer of humanity in every soul. What would Abraham say to us if we were God? Would he beg for us to see the possibility of saving lives, finding middle ground, all while standing strong in being

proud of our Judaism and the promise of Israel?

On this trip, I learned the depths of the Nazi's systematic engineering of Jewish annihilation, starting with social and political ostracization before turning to humiliation, relocation and, ultimately, execution. I wonder, how do we say never again, and how do we stay proud of who we are as a people and as a state while also living by the humanity of Abraham? That is, indeed, one shade of gray in this moment in our people's history.

Jacob serves as Programming Chair on our CBE Board of Trustees.

Congregation Beth El has Cards for Every Occasion!

You can acknowledge a loss or happy occasion such as a graduation, anniversary, birthday or wedding with a card from CBE! If you make a contribution to the synagogue, **Carol Bojarski** will send one for you! Call her at 860-508-3635 or email her at cbojo9@hotmail.com.



We also have cards with a picture of the synagogue on the front and plenty of room for your message inside! Purchase a packet of cards and you will have one on hand!

CBE offers Venmo!

Congregation Beth El

@Congregation-BethEl

Congregation Beth El

@Congregation-BethEl

venmo



Scan QR Code for payment



Candy Fund

Todah rabah to the following for their support:

Ruth & Andy Spitz - In honor of our grandchildren, Dylan, Ariel and Nico.

Sharon & Preston Waxenbaum - In honor of our grandchildren, Aden, Wesley, Kinsey and Keaton.

Contact Ruth Spitz at rspz123@yahoo.com to sponsor!



www.synagogueoldlyme.org

CBE has a website!

Browse through our photo gallery!
Look through past newsletters for holiday recipes, music and books!

ZIONISM...DID YOU KNOW???

Shavuot, which commemorates the giving of the Torah, began on June 1st and many Jews around the world celebrated by eating dairy foods. While those in America eat blintzes, in Israel Jews were more likely to consume cheese bourekas. Shavuot is the time of year with the highest consumption of dairy in Israel, with some producers preparing up to five months in advance to accommodate the spike. How has the startup nation innovate its dairy industry:



1. According to the Israeli Dairy School, there were about 1,000 cows in prestate Israel at the dawn of the 20th century. By 1933, that number stood at more than 30,000 cows that produced around 20 million gallons of milk annually.

2. Today Israel's 120,000 cows (the dominant breed is known as Israeli Holsteins) produce around 400 million gallons a year. The annual milk yield per cow is among the highest in the world, at 3,000 gallons in 2021.

3. Founded on Kibbutz Afikim in 1977, Afimilk is a global leader in milk technology, having introduced the first electronic milk meter and first bovine pedometer, which also provide instant information on a cow's health, productivity and fertility.

4. Before Tnuva became Israel's largest food manufacturer, it was launched in the 1920's as a milk distributor for moshavim and kibbutzim, after the collectives decided to unify dairy production.

5. What does Israeli ingenuity provide for vegans and those with lactose intolerance? Remilk manufacturers cultured milk using microbial fermentation instead of animals.

Donations to CBE by check should be made out to Congregation Beth El and mailed to:



**Rick Hyne 19 Danielle Drive,
Wayne, New Jersey 07470**

Please do not mail donations to our street address of 32 Gorton Avenue, Old Lyme.



Spinach & Feta Noodle Kugel

Noodle (aka *lokshen*) kugel is usually a sweet dish, but it turns out that noodle kugel has a long and complex history dating back to the 1500s. While a sweeter version of the dish prevailed in Jewish communities in Poland and Hungary, thanks to Polish Jews entering the sugar beet refining industry in the early 1800s, a savory salt-and-pepper version was more common in Lithuania and Russia Jewish communities. Noodle kugel changed again in 20th century North America, with additions including canned fruits and, yes, cornflakes.

This savory twist on beloved noodle kugel is zesty and delicious. This recipe can be made 1-2 days in advance and reheated. Serves 10-12

Ingredients

- 1 (12 oz package) wide egg noodles
- ½ cup (1 stick) unsalted butter
- 4 eggs
- 8 oz full-fat sour cream
- 6 oz feta cheese, crumbled
- 8 oz frozen spinach, thawed and drained well
- 1 tsp lemon zest
- 2 tsp fresh oregano (or ½ tsp dried oregano)
- ¼ tsp salt

Instructions

1. Preheat oven to 350°F.
2. Grease an 8-inch oblong baking pan.
3. Cook noodles according to directions (around 8-10 minutes). Drain and use right away.
4. Place butter in a large bowl. Add hot noodles right on top and allow the butter to melt.
5. Mix in eggs, sour cream, feta cheese, spinach, lemon zest, oregano and salt.
6. Pour noodle mixture into greased baking dish.
7. Bake for 35-40 minutes or until just golden on top.

The Noshers 3.24 Shannon Sarna



Moroccan Orange & Black Olive Salad

Moroccan cuisine uses oranges as the base for many different sweet-savory salads, but oranges and olives are perhaps the most iconic duo. While it may sound unusual, the combination of sweet citrus and briny, velvet-textured, oil-cured black olives is nothing short of magical. Sweet, briny and spicy, this easy salad will get all your taste buds tingling.

Ingredients

- ¼ cup extra-virgin olive oil
- 2 Tbsp fresh lime juice
- 1 Tbsp honey
- 1 small garlic clove, minced or pushed through a press
- ½ tsp ground cumin
- ¼ tsp smoked paprika
- 1/8 tsp red pepper flakes
- ½ tsp kosher salt
- 6 navel oranges
- 1 cup oil-cured black olives, pitted and coarsely chopped
- chopped fresh flat-leaf parsley, for serving

Instructions

1. In a small bowl, whisk together the olive oil, lime juice, honey, garlic, cumin, paprika, red pepper flakes and salt. Set aside.
2. Using a sharp serrated knife, slice off the ends of each orange. Stand one orange upright on one of its flat ends. Starting at the top, cut away a section of the peel, following the curve of the fruit to the bottom and taking care to remove all the white pith. Continue in this manner around the fruit, until all the peel is gone.
3. Lay the orange on its rounded side and cut into 1/2-inch wheels. Repeat with the remaining oranges.
4. Arrange the orange slices on a platter. Scatter the olives and parsley over the top and drizzle evenly with the dressing. Serve immediately.

The Noshers Leah Koenig

Rosh HaShanah Mon, Sept 22/Tues, Sept 23/Wed, Sept 24
Yom Kippur Wed, Oct 1 - Thurs, Oct 2

In person and on Zoom! Watch for details!





“The World’s Most Famous Empty Space”

“Anne Frank The Exhibition” is on display at the Center for Jewish History in New York City through the end of October 2025. The show takes visitors on a journey through Anne’s life, set against the rise of the Nazi regime and the backdrop of WWII.

Since 2011, Ronald Leopold has served as the Executive Director of one of the most visited museum sites in Europe, the Anne Frank House in Amsterdam. He has brought this full-scale re-creation of the Annex as a “stand against antisemitism” and Holocaust denial.

Congregation Beth El Recycles!

It’s time for a little spring-cleaning!



CBE is collecting gently used paperbacks hardcover books, CDs and puzzles (with all the pieces!) to be donated for sale at our Ice Cream Socials/Bookfairs.



They will be gratefully accepted by:
Ruth Spitz at rspz123@yahoo.com

or



Sharon Waxenbaum at shanaaviv@gmail.com
beginning in mid-May.

CBE newsletters are published in June/July/August/September/Chanukah/Pesach.

Please send your good news: simchas, birthdays and anniversaries to:

Sharon Waxenbaum at shanaaviv@gmail.com
or call
631-748-8459



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Rick Hyne, 19 Danielle Drive, Wayne, NJ 07470

Our **Venmo** account is: **Congregation-Bethel** (hyphen between Congregation and Beth and no space between Beth and el)

Jewish Websites



www.jta.org



Founded in 1917, the Jewish Telegraphic Agency, JTA, is a global source of news and analysis on issues of Jewish interest. Its reporting reflects the wide spectrum of religious, political and cultural identity that exists among Jews today and serves as an international syndication service for more than 70 Jewish publications and websites.

www.kveller.com



Whether you grew up observing *Shabbat* every Friday night or had your first taste of matzah ball soup when you married into a Jewish family, there’s no one way to parent Jewish kids. Kveller presents ideas you can run with for first-time parents, interfaith parents, queer parents, adoptive parents and everyone in between. The site hopes to provide information and inspiration that’s right for you and your family.

www.thenosher.com



This go-to guide covers everything from how to make the best matzah ball soup to explaining the secret Jewish roots of fish and chips. The Noshier reports on Jewish restaurant trends, tips on the best new Jewish and Israeli foods at Trader Joe’s and offers guides to Jewish food in cities across the globe.

www.myjewishlearning.com



This site empowers Jewish discovery, offering articles, videos and other resources to help navigate all aspects of Judaism and Jewish life. It’s geared toward all backgrounds and levels of knowledge. Whether you’re seeking a refresher on how to light the *Chanukah* menorah or looking for a new perspective on the week’s Torah portion or a newcomer contemplating converting to Judaism, this is the place to start.

www.heyalma.com



Hey Alma is a feminist Jewish culture site that offers a diversity of voices. It provides articles about pop culture, politics, news, identity and holidays, all through a Jewish lens. They use their platform to raise the voices of all Jews, especially those who often don’t get heard enough in the organized Jewish world, including Jews of Color, queer Jews, Jews by choice, and Mizrahi and Sephardic Jews.

You can sign up to get posts delivered directly to your inbox!



Read...
Relax...
Renew!

Four Red Sweaters: Powerful True Stories of Women and the Holocaust
by L.. Adlington



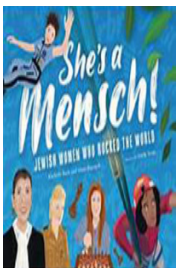
Offering an original perspective on tragic events of the Holocaust, British novelist and textile historian weaves together experiences of four young women whose paths never crossed! Each of their lives was upended by the Holocaust; each had a connection to a different red knit sweater that they treasured, whether it was handmade, a store-bought gift or secretly plundered.

Accidental Friends
by Susan Josephs



This is the well-crafted story of an uncommon friendship between two women, Rose, a 93-year-old former ballet dancer who fled the Nazis decades earlier, and Nina, a 36-year-old yoga teacher, both living in sunny Venice, California, who are brought together by a deadly car accident. This author describes their dynamics with depth and compassion, and she captures the magic and history of beachside Venice.

She's A Mensch!
by Alana Barouch & Rachelle Burk



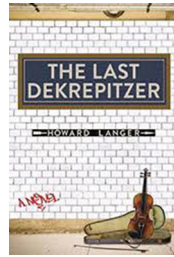
She's a Mensch! is illustrated by vibrant artwork. The book opens with the line, "They rock! Jewish women around the world have talents, strengths and smarts. They shine like stars in every field, from science to the arts." Geared toward an audience of ages 6-10, this book features 20 women who lived at some point over the past 140 years.

Israeli Florilegium
Illus. by Mary Grierson and Heather Wood



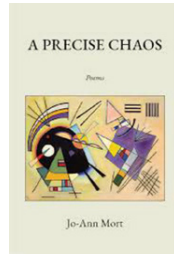
Here is a newly rediscovered collection of exquisite botanical art that celebrates the wildflowers of Israel and the conservation campaign that saved them. This is more than a coffee table book. It's a testament to the beauty of nature, the dedication to preserving it, and the cultural roots of the Land of Israel. Reconnect with Israeli history and natural beauty.

The Last Dekrepitzer
by Howard Langer



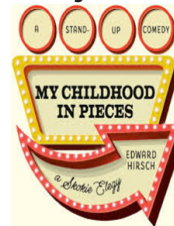
This recent winner of the National Jewish Book Award imagines what would happen if the last remaining survivor of a Hasidic sect found his way to the pre-Civil Rights American South and took on a new identity as a blues musician named Sam Lightup. In doing so, the novel explores subjects like race, the legacy of the Holocaust, music, and God.

A Precise Chaos: Poems
by Jo-Ann Mort



Mort's debut collection involves memory, love and the passage of time in closely observed moments, like a Jewish woman in deep prayer on a New York City subway. Many poems are set in Israel and in locales taken from her wide travels and work as an advocate for peace. These are glimpses of a life still being well-lived and thoughtfully considered, and the "precise chaos, that we, the living, must endure."

My Childhood in Pieces: A Stand Up Comedy, A Skokie Elegy
by Edward Hirsch



Award-winning poet and author relates the story of his coming-of-age in the 1950's and 60's. He sharply describes his families Skokie, Illinois milieu and their mix of Old World Yiddishkeit and Midwestern pragmatism. The humor can be dark, but there's also affection as he writes about a grandmother who plays poker every Saturday night, along with Jewish gangsters, night club dancers and refugees from Europe.

Mazeltov: A Novel
by Eli Zuzovsky



It would be easy to categorize this book as a coming-of-age story, but it is also much more. At a banquet hall, at the onset of war, Adam Weizmann's Bar Mitzvah party turns into a glorious catastrophe. On the cusp of manhood (and the verge of a nervous breakdown), Adam has been bracing for his special day, mired in family neuroses and national dysfunction. At once tender and lustful, a work of scathing satire and piercing insight, Mazeltov is a wholly original vision of a young man's quest to know his own heart.



Shabbat Candle Lighting

When are the candles lit?

The *Shabbat* candles are lit during the 18 minute window right before sundown on Friday. In Jerusalem, the window begins 40 minutes before sundown. A siren can be heard throughout the city, blown at this time Friday afternoon to alert citizens that candle-lighting time is upon them. The earliest one may light *Shabbat* candles is 75 minutes before sundown.

After sundown *Shabbat* has begun and one may not kindle a flame. The timing of this window varies from location to location and throughout the year. There are many online tools to look up the *Shabbat* candle-lighting time in your area.

Are any candles acceptable?

Shabbat candles should burn for two to three hours. For this reason, birthday candles and *Chanukah* candles, which burn down quickly, cannot be used. There are specially-made *Shabbat* candles that will fit in a regular-sized taper holder, but are shorter than taper candles and therefore will not burn all night. Regular tea lights also work well. People may choose *neronim*, candles in glass cups, that look especially beautiful and are a way to perform *hiddur mitzvah*, beautifying the commandment of lighting *Shabbat* candles. If you have a beautiful pair of candlesticks, this the time to use them. It is customary to light white candles, though this is not a hard and fast rule.

How many candles?

It is traditional to light a minimum of two candles in each household. Many reasons are given for the number two. Some say that it indicates the candles are special, holding a purpose one candle alone cannot. Some say that they represent the two instances of the commandment of keeping *Shabbat* given in the Torah. "*Zachor* (remember) the Sabbath," in Exodus 20:8 and "*Shamor* (keep) the Sabbath" in Deuteronomy 5:12. Others hold that the number two underlies the two major themes of *Shabbat*: creation and revelation.

Many households have a tradition of lighting more candles, often one for each member of the household.

Should I blow out the candles before I go to bed?

No. *Shabbat* candles should not be extinguished but allowed to burn all the way down. If you anticipate that your candles will still be burning by the time you are ready to hit the hay, it is especially important to light them in a safe place, away other flammable items. It is a tradition not to move the candles after they are lit.

Who lights the candles?

Traditionally, lighting was the obligation of the woman of the household. In households with no adult woman, a man would take over the responsibility. In many contemporary egalitarian families, lighting candles may be done by any adult in the house and it is often done by the family all together.

What is the origin of the candle-lighting?

The Torah says nothing about lighting candles to welcome *Shabbat*. The practice first appears in rabbinic literature. It seems to have originated as an extension of the practice of lighting a flame before *Shabbat* begins because flames may not be kindled on the Sabbath. This flame was a source of light after the sun went down. The *Shabbat* candles evolved into an important part of the ritual and it became forbidden to use them for any practical purpose, including as light to read by (this is why some people do not move the candles after they are lit, to avoid the temptation of using them for some practical purpose).

The Talmud records that lighting *Shabbat* candles is a *mitzvah*, a commandment, but does not record a blessing attached to them. The blessing we say today was modeled on the blessing for lighting *Chanukah* candles.

How do you light Shabbat candles?

In Jewish tradition, blessings are said before the act. We say *Kiddush* before drinking wine and *HaMotzi* before eating bread. However, because saying the blessing over the candles begins *Shabbat*, and candles may not be lit on *Shabbat*, the order is reversed: candles are lit first, and the blessing is recited afterward.

Instructions: First, light the candles. Then, many people wave their hands around the flame three times and then bring their hands over their eyes, keeping their eyes covered while they recite the blessing. Then, they open their eyes and experience the candles anew after the blessing is said (a substitute for the fact that the candles cannot actually be lit after the blessing is recited).

The Blessing:

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav v'tzivanu l'hadlik ner shel Shabbat.

Blessed are You, Lord our God, Ruler of the Universe, who has sanctified us with commandments, and commanded us to light Shabbat candles.



Congregation Beth El

A seasonal, egalitarian synagogue affiliated with the Conservative Movement

32 Gorton Avenue ♦ Old Colony Beach ♦ Old Lyme, CT ♦ 06371

Donation Form

Remembering is an essential Jewish value. Honoring those who have been part of our lives, the beauty and struggles that they lived, and the hopes and dreams they imparted to us, are part of our own journeys.

In Jewish tradition, giving *tzedakah* on the occasion of a *yahrzeit* is a way to honor their memory by performing a good deed in their name.

We also welcome you to a celebrate a happy occasion or honor an achievement by sharing the event with our Congregation Beth El community!

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- Asenath & Joseph Jacobson - In honor of our children, Ephraim & Menashe.
- Miriam, Aaron and Moses - In memory of our beloved mother, Yocheved.
- Rivkah & Isaac Abramson - In celebration of the college graduation of our twins, Esau and Jacob.

Message:

Donations will appear in the CBE newsletter. Honorees/families will receive a card that the donation has been made.

Snail Mail Address of Honoree/s

Name: _____

Address: _____ City/State/Zip: _____

Snail Mail Address of Donor/s

Name: _____

Address: _____ City/State/Zip: _____

Email: _____

Please send check and donation wording to:

Rick Hyne 19 Danielle Drive Wayne, New Jersey 07470

Please Venmo* or make checks payable to **Congregation Beth El.**

*Our **Venmo** account is: **Congregation-Bethel** (hyphen between Congregation and Beth and no space between Beth and el)



Tree of Life Order Form

Donor Name: _____

Address: _____ City/State/Zip: _____

Phone: _____ Email: _____

Order _____ Leaf @ \$118 OR _____ Stone @ \$318

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In honor of
our children
Ephraim & Menashe
with love
Asenath & Joseph
Jacobson

In celebration of
the marriage of
Rachel & Jake Isaacson

Rivkah & Isaac
Abramson

In memory of our
beloved mother
Yocheved Moses

Miriam & Aaron
Amramson

Line 1 (12 characters): _____

Line 2 (14 characters): _____

Line 3 (18 characters): _____

Line 4 (20 characters): _____

Line 5 (17 characters): _____

Line 6 (9 characters): _____

Do you wish to have your donation acknowledged? Send to the person/family recognized at:

Name: _____

Address: _____ City/State/Zip: _____

Please contact **Mindy Jason** for more info and to place an order: mindysjason@gmail.com/860-559-7557.

Please Venmo* or make checks payable to **Congregation Beth El**.

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Annual Membership Form

Welcome to our synagogue by the sea! We invite you to join our congregation!

Member Contact Information:

Name _____

Primary Address _____

Phone # _____

Beach Address (if applicable) _____

Phone # _____

Email address _____ Facebook _____

Membership Dues:

Although we are a seasonal congregation, our expenses are incurred year round.
We encourage you to be generous with your support.

_____ \$36 (minimum)	_____ \$118	_____ \$540
_____ \$54	_____ \$180	_____ \$720
_____ \$72	_____ \$360	_____ \$ Other

Please make checks payable to **Congregation Beth El.**

Please mail check and completed form to:

Rick Hyne 19 Danielle Drive, Wayne, NJ 07470

or Venmo Congregation-Bethel*

Brian Cutler, Membership VP beachshulmembership@gmail.com

* Our Venmo account is **Congregation-Bethel**

(hyphen between Congregation and Beth, no space between Beth and el)